

South African Powerlifting Federation
SA Development & Secondary's - Unequipped Women, South Africa, Potch, 25.01.2014
DETAILED SCORESHEET

PL.	Lifters	BY	Nation	Weight	WF	Lot	All Squat				All Bench press				All Dead lift				TOTAL	W.pts.	Pts.
Juniors																					
- 47 kg																					
1	Du Preez Larisse	1992	RSA	46.65	1.3521	4	30.0	40.0	~~50.0~~	1	30.0	~~35.0~~	~~35.0~~	1	65.0	75.0	90.0	1	160.0	216.34	12
- 52 kg																					
1	Bryant Stacey	1992	RSA	49.20	1.3004	6	60.0	80.0	~~90.0~~	1	40.0	50.0	~~55.0~~	1	90.0	102.5	110.0	1	240.0	312.09	12
- 63 kg																					
1	Lewis Leanie	1993	RSA	60.55	1.1071	-10	40.0	50.0	60.0	1	30.0	~~40.0~~	~~40.0~~	1	70.0	85.0	~~105.0~~	1	175.0	193.73	12
Nation (points)																					
1	South Africa	36	[12+12+12]		722.17 w.pts.																
Best Lifters of Juniors																					
PL.	Lifter	Nation		B.Weight		WF		Total		W. points											
1	Bryant Stacey	South Africa		49.20		1.3004		240.0		312.09											
2	Du Preez Larisse	South Africa		46.65		1.3521		160.0		216.34											
3	Lewis Leanie	South Africa		60.55		1.1071		175.0		193.73											
Seniors																					
- 52 kg																					
1	van Heerden Farana	2014	RSA	50.35	1.2778	-10	70.0	~~75.0~~	75.0	1	30.0	35.0	~~40.0~~	1	90.0	105.0	110.0	1	220.0	281.12	12
- 57 kg																					
1	Prinsloo Rolani	2014	RSA	57.00	1.1604	3	65.0	75.0	85.0	1	50.0	60.0	X	2	120.0	140.0	X	1	285.0	330.71	12
—	Plaatjies Seritha	2014	RSA	56.95	1.1612	-10	~~65.0~~	~~70.0~~	~~70.0~~	Disq.	50.0	55.0	60.0	1	80.0	100.0	110.0	2	Out	—	—
- 63 kg																					
1	Botha Vicky	2014	RSA	60.10	1.1134	1	90.0	110.0	X	1	65.0	~~70.0~~	X	1	125.0	135.0	140.0	1	315.0	350.72	12
Nation (points)																					
1	South Africa	36	[12+12+12]		962.56 w.pts.																
Best Lifters of Seniors																					
PL.	Lifter	Nation		B.Weight		WF		Total		W. points											
1	Botha Vicky	South Africa		60.10		1.1134		315.0		350.72											
2	Prinsloo Rolani	South Africa		57.00		1.1604		285.0		330.71											
3	van Heerden Farana	South Africa		50.35		1.2778		220.0		281.12											

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1.4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
RSA = South Africa

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DETAILED SCORESHEET

PL.	Lifters	BY	Nation	Weight	WF	Lot	All Squat				All Bench press				All Dead lift				TOTAL	W.pts.	Pts.
Subjuniors																					
- 53 kg																					
1	Matras Revaldo	1996	RSA	47.80	1.0754	1	80.0	90.0	100.0	1	55.0	60.0	~~65.0~~	1	100.0	~~150.0~~	150.0	1	310.0	333.37	12
2	Deelman Lorenzo	2014	RSA	51.40	0.9933	6	70.0	80.0	~~90.0~~	3	50.0	~~60.0~~	~~60.0~~	4	120.0	~~140.0~~	~~140.0~~	2	250.0	248.32	9
3	Kotze Ivan	2014	RSA	45.20	1.1471	11	65.0	70.0	80.0	2	50.0	55.0	~~60.0~~	2	110.0	~~135.0~~	~~135.0~~	3	245.0	281.03	8
4	van der Linde Bernard	2014	RSA	52.65	0.9687	15	50.0	65.0	75.0	4	50.0	~~67.5~~	~~67.5~~	5	80.0	100.0	110.0	4	235.0	227.63	7
5	Uys Montevino	2014	RSA	50.55	1.0111	-10	60.0	65.0	70.0	5	30.0	40.0	50.0	3	70.0	75.0	80.0	5	200.0	202.23	6
- 59 kg																					
1	Booyesen Ouboet	2014	RSA	56.45	0.9033	13	95.0	~~100.0~~	100.0	1	65.0	70.0	~~75.0~~	1	135.0	140.0	~~150.0~~	1	310.0	280.02	12
2	van der Linde Ruben	2014	RSA	55.95	0.9111	5	60.0	65.0	75.0	2	50.0	~~67.5~~	~~67.5~~	2	80.0	100.0	110.0	2	235.0	214.10	9
- 66 kg																					
1	Petersen Austin	1997	RSA	60.50	0.8465	7	~~110.0~~	110.0	115.0	1	60.0	70.0	~~80.0~~	3	110.0	120.0	130.0	4	315.0	266.64	12
2	Shange Lehlohonolo	2014	RSA	63.65	0.8095	8	~~75.0~~	~~75.0~~	85.0	4	75.0	80.0	~~90.0~~	2	130.0	140.0	145.0	2	310.0	250.92	9
3	Daniels Bradley	1996	RSA	59.50	0.8594	-10	100.0	105.0	~~110.0~~	2	40.0	50.0	55.0	5	130.0	145.0	~~155.0~~	1	305.0	262.11	8
4	Moroena Kabelo	2014	RSA	60.45	0.8471	14	90.0	~~95.0~~	~~95.0~~	3	75.0	80.0	~~85.0~~	1	125.0	130.0	~~150.0~~	3	300.0	254.13	7
5	Mqaba Vuyo	2014	RSA	62.75	0.8195	2	80.0	~~90.0~~	~~90.0~~	5	60.0	65.0	~~70.0~~	4	100.0	120.0	~~130.0~~	5	265.0	217.15	6
- 83 kg																					
1	Madibo Abel	2014	RSA	78.35	0.6919	16	115.0	~~120.0~~	120.0	1	80.0	85.0	90.0	1	140.0	160.0	~~175.0~~	2	370.0	256.00	12
2	Gumede Lebogang	2014	RSA	74.30	0.7173	9	80.0	90.0	105.0	2	50.0	60.0	~~70.0~~	2	150.0	160.0	170.0	1	335.0	240.29	9
- 93 kg																					
1	du Plooy Ryno	2014	RSA	87.20	0.6491	-10	120.0	140.0	160.0	1	80.0	90.0	~~100.0~~	2	160.0	180.0	200.0	1	450.0	292.09	12
2	Linde De Wet	1996	RSA	91.70	0.6325	-10	100.0	110.0	122.5	2	90.0	100.0	~~105.0~~	1	140.0	160.0	185.0	2	407.5	257.74	9
- 105 kg																					
1	Swart JP	2014	RSA	98.30	0.6129	3	100.0	120.0	140.0	1	~~50.0~~	75.0	~~100.0~~	1	160.0	~~200.0~~	~~200.0~~	1	375.0	229.83	12

Nation (points)

1 South Africa 72 [12+12+12+12+12+12] 1657.98 w.pts.

Best Lifters of Subjuniors

PL.	Lifter	Nation	B.Weight	WF	Total	W. points
1	Matras Revaldo	South Africa	47.80	1.0754	310.0	333.37
2	du Plooy Ryno	South Africa	87.20	0.6491	450.0	292.09
3	Kotze Ivan	South Africa	45.20	1.1471	245.0	281.03

Juniors

- 59 kg																					
1	Williams Clint	1992	RSA	54.30	0.9386	-10	70.0	100.0	120.0	1	70.0	80.0	~~85.0~~	3	100.0	140.0	155.0	2	355.0	333.20	12
2	Thabang Mabunda	1992	RSA	55.00	0.9267	-10	100.0	110.0	120.0	2	70.0	80.0	~~90.0~~	4	130.0	145.0	155.0	3	355.0	328.97	9
3	Pietersen Abraham	2014	RSA	56.20	0.9072	8	80.0	100.0	110.0	3	60.0	70.0	~~80.0~~	6	100.0	140.0	150.0	4	330.0	299.37	8
4	Daniel Tshabalala	1995	RSA	53.20	0.9583	-10	80.0	90.0	100.0	4	65.0	75.0	~~85.0~~	5	100.0	120.0	140.0	6	315.0	301.86	7
5	Given Mazola	1993	RSA	53.70	0.9492	-10	70.0	80.0	85.0	5	~~55.0~~	55.0	~~70.0~~	10	150.0	155.0	~~160.0~~	1	295.0	280.01	6
6	Pietersen Aubrey	2014	RSA	53.65	0.9501	23	65.0	70.0	75.0	6	70.0	75.0	80.0	2	100.0	130.0	~~135.0~~	8	285.0	270.77	5
7	Sereo Itumeleng	1993	RSA	54.20	0.9404	-10	60.0	70.0	~~90.0~~	7	55.0	60.0	~~65.0~~	8	110.0	125.0	145.0	5	275.0	258.61	4
8	Hlotlomisang Lqosimong L	1993	RSA	57.10	0.8934	-10	~~60.0~~	60.0	~~80.0~~	8	60.0	~~70.0~~	~~70.0~~	9	100.0	120.0	130.0	9	250.0	223.35	3
—	Nxamakele Gladwin	1993	RSA	56.25	0.9064	-10	~~100.0~~	~~100.0~~	~~100.0~~	Disq.	60.0	65.0	~~70.0~~	7	110.0	120.0	140.0	7	Out	—	—
—	Seleko Mpho	2014	RSA	57.25	0.8911	28	X	X	X	Disq.	80.0	85.0	~~95.0~~	1	X	X	X	Disq.	Out	—	—
- 66 kg																					
1	Vers Ivan	1991	RSA	64.50	0.8004	3	120.0	140.0	160.0	1	100.0	110.0	120.0	1	150.0	160.0	180.0	3	460.0	368.18	12
2	Hendricks Jonathan	1991	RSA	63.85	0.8073	31	120.0	140.0	~~170.0~~	2	80.0	~~95.0~~	~~95.0~~	5	180.0	200.0	~~205.0~~	1	420.0	339.04	9
3	Vorster Marcel	1994	RSA	64.50	0.8004	14	125.0	140.0	X	3	95.0	102.5	X	2	140.0	160.0	X	6	402.5	322.16	8
4	Ntrotjo Persey	1994	RSA	62.80	0.8189	-10	90.0	110.0	130.0	4	50.0	60.0	70.0	7	130.0	160.0	180.0	2	380.0	311.18	7
5	Edigihe Mosiwa	1995	RSA	65.25	0.7927	-10	100.0	110.0	115.0	6	70.0	80.0	87.5	4	140.0	160.0	170.0	5	372.5	295.28	6
6	Britoa Thabiso	2014	RSA	63.75	0.8083	19	100.0	105.0	115.0	5	70.0	72.5	~~85.0~~	6	140.0	160.0	175.0	4	362.5	293.02	5
7	Mathe David	1991	RSA	64.30	0.8025	-10	~~80.0~~	~~80.0~~	80.0	7	~~80.0~~	90.0	95.0	3	100.0	130.0	132.5	7	307.5	246.76	4

— Petersen Owen	1992	RSA	64.60	0.7993	18	X	X	X	Disq.	X	X	X	Disq.	X	X	X	Disq.	Out	—	—
- 74 kg																				
1 Pietersen Sint Willis	1995	RSA	69.40	0.7544	22	140.0	~~150.0~~	150.0	1	100.0	120.0	~~125.0~~	1	190.0	200.0	220.0	1	490.0	369.65	12
2 May Tebello	1993	RSA	70.25	0.7473	12	~~120.0~~	~~120.0~~	120.0	2	60.0	65.0	~~70.0~~	4	150.0	~~160.0~~	~~160.0~~	4	335.0	250.36	9
3 van der Merwe Richard	1995	RSA	71.30	0.7390	21	80.0	100.0	~~120.0~~	3	50.0	60.0	~~72.5~~	5	160.0	~~187.5~~	~~187.5~~	3	320.0	236.48	8
4 Pholoholo Issac	1992	RSA	68.95	0.7582	3	~~60.0~~	~~60.0~~	60.0	4	80.0	90.0	~~110.0~~	3	110.0	120.0	160.0	2	310.0	235.04	7
— Banda Lebogang	2014	RSA	73.10	0.7256	9	X	X	X	Disq.	80.0	90.0	100.0	2	X	X	X	Disq.	Out	—	—
- 83 kg																				
1 Khalapa Japhta	1992	RSA	74.85	0.7135	-10	160.0	180.0	200.0	1	110.0	125.0	X	2	210.0	230.0	240.0	1	565.0	403.15	12
2 Moggoj Lethogonolo	2014	RSA	78.80	0.6893	20	140.0	160.0	170.0	4	120.0	130.0	140.0	1	160.0	180.0	240.0	2	550.0	379.11	9
3 Rapoo Tshepo	1993	RSA	76.60	0.7023	-10	150.0	160.0	180.0	3	95.0	105.0	110.0	4	180.0	215.0	225.0	3	515.0	361.68	8
4 Phantle Jabulani	1991	RSA	76.55	0.7026	1	140.0	160.0	180.0	2	100.0	110.0	~~120.0~~	3	180.0	200.0	215.0	4	505.0	354.81	7
5 Nkagisang Olefile	1994	RSA	80.35	0.6808	-10	100.0	~~120.0~~	120.0	6	~~60.0~~	60.0	80.0	6	140.0	160.0	180.0	6	380.0	258.72	6
6 Mathekga Khoghtso	1995	RSA	77.90	0.6945	-10	~~110.0~~	~~110.0~~	110.0	7	70.0	85.0	~~90.0~~	5	160.0	170.0	180.0	5	375.0	260.43	5
7 Sei Dylan	1995	RSA	80.65	0.6793	-10	100.0	120.0	130.0	5	~~40.0~~	50.0	~~70.0~~	7	~~130.0~~	140.0	150.0	7	330.0	224.15	4
- 93 kg																				
1 Sitsili Nelson	1991	RSA	90.60	0.6363	-10	170.0	200.0	205.0	1	120.0	~~140.0~~	~~140.0~~	1	240.0	260.0	275.0	1	600.0	381.78	12
2 Parker Willem	1994	RSA	84.45	0.6608	10	140.0	160.0	X	2	100.0	110.0	X	2	180.0	X	X	4	450.0	297.36	9
3 Seleka Brain	2014	RSA	86.60	0.6515	25	120.0	140.0	~~160.0~~	3	90.0	100.0	~~105.0~~	3	165.0	~~190.0~~	190.0	2	430.0	280.14	8
4 Pietersen Jamillian	1993	RSA	83.80	0.6637	27	70.0	100.0	115.0	4	70.0	90.0	~~95.0~~	4	80.0	160.0	185.0	3	390.0	258.84	7
5 Kloppers Zander	2014	RSA	92.35	0.6303	32	80.0	100.0	~~125.0~~	5	50.0	70.0	~~90.0~~	5	120.0	140.0	160.0	5	330.0	207.99	6
- 105 kg																				
1 Kloppers Andre	1995	RSA	102.20	0.6035	29	180.0	200.0	~~225.0~~	1	110.0	125.0	132.5	1	180.0	200.0	220.0	1	552.5	333.43	12
2 Swart Gerrie	2014	RSA	101.45	0.6051	16	80.0	100.0	125.0	2	50.0	75.0	~~100.0~~	2	120.0	140.0	~~190.0~~	2	340.0	205.75	9
- 120 kg																				
1 Grove Johan	1991	RSA	116.35	0.5793	26	120.0	145.0	170.0	1	80.0	105.0	~~120.0~~	1	180.0	X	X	1	455.0	263.55	12
120+ kg																				
1 Shaw William	2014	RSA	128.35	0.5669	6	~~180.0~~	210.0	~~230.0~~	1	110.0	125.0	~~140.0~~	1	180.0	210.0	250.0	1	585.0	331.66	12

Nation (points)

1 South Africa 72 [12+12+12+12+12+12] 2189.41 w.pts.

Best Lifters of Juniors

PL.	Lifter	Nation	B.Weight	WF	Total	W. points
1	Khalapa Japhta	South Africa	74.85	0.7135	565.0	403.15
2	Sitsili Nelson	South Africa	90.60	0.6363	600.0	381.78
3	Moggoj Lethogonolo	South Africa	78.80	0.6893	550.0	379.11

Seniors

- 66 kg																				
1 Botha Michel	1989	RSA	64.60	0.7993	-10	142.5	152.5	~~155.0~~	1	115.0	122.5	125.0	1	170.0	185.0	192.5	1	470.0	375.67	12
2 Makoena Bennet	1984	RSA	64.25	0.8030	-10	~~110.0~~	110.0	120.0	3	75.0	80.0	~~95.0~~	3	160.0	170.0	180.0	2	380.0	305.14	9
3 Hbaba Isaac	1979	RSA	60.50	0.8465	-10	100.0	110.0	120.0	2	90.0	100.0	~~110.0~~	2	100.0	120.0	150.0	4	370.0	313.20	8
4 Ramedie Oageng	2014	RSA	64.75	0.7978	12	90.0	100.0	~~110.0~~	4	80.0	~~85.0~~	~~85.0~~	4	150.0	160.0	180.0	3	360.0	287.20	7
- 74 kg																				
1 Mgwandi Tebogo	2014	RSA	69.55	0.7531	2	100.0	120.0	130.0	1	80.0	90.0	~~120.0~~	3	120.0	170.0	~~190.0~~	1	390.0	293.70	12
2 Bansa John	2014	RSA	69.45	0.7539	8	90.0	110.0	125.0	2	80.0	95.0	~~100.0~~	2	130.0	150.0	~~170.0~~	3	370.0	278.96	9
3 Jacobus Ryno	2014	RSA	69.80	0.7510	14	90.0	100.0	110.0	3	70.0	~~80.0~~	80.0	4	100.0	130.0	160.0	2	350.0	262.85	8
— Mokoena Tebogo	2014	RSA	70.45	0.7457	7	X	X	X	Disq.	120.0	130.0	~~142.5~~	1	X	X	X	Disq.	Out	—	—
- 83 kg																				
1 Lekopa Peter	1984	RSA	75.70	0.7080	-10	170.0	180.0	190.0	1	105.0	112.5	~~117.5~~	3	210.0	230.0	245.0	1	547.5	387.63	12
2 Barnard Micheal	1987	RSA	79.70	0.6843	-10	~~175.0~~	~~175.0~~	185.0	2	110.0	~~115.0~~	~~120.0~~	4	225.0	240.0	245.0	2	540.0	369.52	9
3 Legoete Pakisi	1986	RSA	76.80	0.7011	-10	100.0	~~120.0~~	120.0	4	100.0	~~115.0~~	~~115.0~~	5	160.0	180.0	190.0	3	410.0	287.45	8
4 Mathe Dan	1988	RSA	74.20	0.7179	-10	~~120.0~~	~~120.0~~	120.0	3	100.0	110.0	120.0	2	120.0	140.0	150.0	4	390.0	279.98	7
— Banda Joseph	1985	RSA	74.05	0.7189	-10	~~100.0~~	~~120.0~~	~~120.0~~	Disq.	~~90.0~~	~~90.0~~	~~90.0~~	Disq.	~~120.0~~	~~120.0~~	X	Disq.	Out	—	—
— Gearing Andrew	2014	RSA	83.00	0.6675	1	120.0	~~140.0~~	~~150.0~~	5	120.0	140.0	~~150.0~~	1	~~185.0~~	X	X	Disq.	Out	—	—
- 93 kg																				
1 Potgieter Etienne	1986	RSA	92.80	0.6288	13	180.0	220.0	~~250.0~~	1	155.0	170.0	X	1	200.0	X	X	2	590.0	370.99	12

2	Jacobs David	1981	RSA	92.30	0.6305	10	180.0	X	X	2	135.0	145.0	X	2	180.0	X	X	3	505.0	318.40	9
3	Hubinger Corne	1981	RSA	92.40	0.6301	4	180.0	X	X	3	120.0	X	X	3	200.0	X	X	1	500.0	315.05	8
- 105 kg																					
1	Seleke Peter	1975	RSA	103.90	0.5998	5	200.0	~~220.0~~	~~220.0~~	1	130.0	~~140.0~~	140.0	2	240.0	~~260.0~~	X	1	580.0	347.88	12
2	Janse van Rensburg Henni	1981	RSA	104.90	0.5978	11	170.0	X	X	3	135.0	157.5	X	1	215.0	X	X	2	542.5	324.30	9
3	Manlalule Siphoh	2014	RSA	101.85	0.6042	15	160.0	180.0	~~195.0~~	2	125.0	130.0	~~140.0~~	3	180.0	210.0	~~220.0~~	3	520.0	314.21	8
- 120 kg																					
1	Madikane Faku	1975	RSA	107.85	0.5922	9	~~180.0~~	200.0	~~210.0~~	1	130.0	140.0	~~150.0~~	2	200.0	240.0	260.0	1	600.0	355.32	12
2	Sekano Enoch	1979	RSA	114.45	0.5818	-10	100.0	130.0	160.0	2	120.0	130.0	150.0	1	140.0	145.0	170.0	2	480.0	279.26	9
120+ kg																					
1	Makhetha Thando	1986	RSA	123.90	0.5709	-10	230.0	~~240.0~~	~~250.0~~	2	140.0	160.0	180.0	1	240.0	260.0	280.0	1	690.0	393.92	12
—	Du Plessis Stanley	2014	RSA	149.00	0.5538	6	185.0	230.0	250.0	1	145.0	~~165.0~~	~~180.0~~	2	~~225.0~~	X	X	Disq.	Out	—	—

Nation (points)

1 South Africa 72 [12+12+12+12+12+12] 2231.42 w.pts.

Best Lifters of Seniors

PL.	Lifter	Nation	B.Weight	WF	Total	W. points
1	Makhetha Thando	South Africa	123.90	0.5709	690.0	393.92
2	Lekopa Peter	South Africa	75.70	0.7080	547.5	387.63
3	Botha Michel	South Africa	64.60	0.7993	470.0	375.67

Masters 1

- 74 kg

—	van der Linde Glen	2014	RSA	70.80	0.7430	2	X	X	X	Disq.	90.0	100.0	110.0	1	X	X	X	Disq.	Out	—	—
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- 83 kg

—	Pietersen Frans	2014	RSA	77.05	0.6996	1	X	X	X	Disq.	80.0	~~90.0~~	100.0	1	X	X	X	Disq.	Out	—	—
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- 120 kg

1	Welgemoed Cornel	1970	RSA	107.75	0.5924	-10	160.0	180.0	X	1	125.0	X	X	1	170.0	X	X	1	475.0	281.36	12
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Nation (points)

1 South Africa 12 [12] 281.37 w.pts.

Best Lifters of Masters 1

PL.	Lifter	Nation	B.Weight	WF	Total	W. points
1	Welgemoed Cornel	South Africa	107.75	0.5924	475.0	281.36

Masters 3

- 105 kg

1	Naude Theuns	1944	RSA	100.00	0.6086	-10	75.0	X	X	1	70.0	X	X	1	200.0	~~220.0~~	X	1	345.0	209.96	12
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120+ kg

—	Normann Knut	1952	RSA	140.55	0.5585	1	140.0	~~160.0~~	~~170.0~~	1	X	X	X	Disq.	X	X	X	Disq.	Out	—	—
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Nation (points)

1 South Africa 12 [12] 209.97 w.pts.

Best Lifters of Masters 3

PL.	Lifter	Nation	B.Weight	WF	Total	W. points
1	Naude Theuns	South Africa	100.00	0.6086	345.0	209.96

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

RSA = South Africa